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## Newsletter

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### Posie O's

*Doing this activity will help your child improve hand-eye coordination while creating a pretty picture. Demonstrate how to pick up and place each cereal O carefully within the lines, pinching the O's between the thumb and first two fingers. This is the grip used to hold a pencil, so practicing it strengthens the fingers in preparation for writing.*

#### **What You Need:**

Bowl of cereal O's, colored construction paper, colored markers, white glue, colored yarn (optional)

#### **To Prepare:**

Use the colored markers to draw a large flower on the construction paper.

#### **Activity:**

Invite your child to follow these steps:

1. (Optional) Glue colored yarn—green stem, yellow center, pink petals—over the flower outline.
2. Glue the cereal O's onto the petals and center of the flower.

3. Let dry and display on a wall.

